FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Nashington.	D.C.	20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bernstein Joshua				2. 19	2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK] 3. Date of Earliest Transaction (Month/Day/Year) 06/03/2021 4. If Amendment, Date of Original Filed (Month/Day/Year)								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600 (Street) ROCKVILLE MD 20850														Officer (give title Other (speci below) below)					
													4. If	G. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)										Person						
		Tab	le I - N	on-Deriv	ative	Sec	curiti	es A	cquire	d, Di	sposed o	f, or Be	neficia	lly Owned	i				
Da		Date	Transaction ate lonth/Day/Year)				Transaction Disposed Of Code (Instr. 5)		es Acquired (A) or of (D) (Instr. 3, 4 and		Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect g (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock			06/03/2	03/2021				S		1,000	D	\$22.25	53,49	96	D				
Common	ommon Stock											324,000]	I	By Norman Bernstein			
Common	Common Stock										154,4	154,400		I By San Ven					
Common Stock										303,200		I Fu		By Bernstein Fund Limited Partnership					
		-	Гable II								posed of, converti			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deer Execution if any (Month/E	med on Date,	4. Transa	5. Nonsaction of Der Sec Acc (A) Disj of (Instr.		5. Number of			sable and e	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Num derivat Securit Benefic Owned Follow Report Transa (Instr. 4	ive ties cially ing ed ction(s)	10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership ct (Instr. 4)	
				C		v			Date Exercisable		Expiration Date	Title	Amount or Number of Shares						
Stock Options	\$8.5								12/31/20	17 ⁽¹⁾	12/31/2021	Common Stock	2,600		2,0	500	D		
Stock Options	\$12.38								12/31/20	18 ⁽¹⁾	12/31/2022	Common Stock	9,600		9,0	500	D		
Stock Options	\$11.38								12/31/20	19 ⁽¹⁾	12/31/2023	Common Stock	9,000		9,0	9,000 D			
Stock Options	\$14.54								12/30/20)20 ⁽¹⁾	12/30/2024	Common Stock	7,000		7,0	000	D		
Stock	\$13.89								12/31/20	21(1)	12/31/2025	Common Stock	3,750		3.7	750	D		

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

06/04/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.