FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHAN	IGES IN BE	NEFICIAL	OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average bu	rden							
houre per reenonee.	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Barry Edward F (Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600			- <u>C</u>	2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK] 3. Date of Earliest Transaction (Month/Day/Year) 02/15/2021								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) below) Chief Executive Officer							
(Street) ROCKV (City)		ID state)	20850 (Zip)		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Tran			2. Trans	sactio	action 2A. Deemed Execution Date,			quired, Disposed of, or Benefic 3.				(A) or	5. Amoun Securities	s	6. Ownership Form: Direct		7. Nature of Indirect		
		(Month	/Day/\	Day/Year) if any (Mor		f any Month/Day/Year)		Instr.	Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s)		(D) or Indirect (I) (Instr. 4)		Beneficial Ownership (Instr. 4)			
Common Stock		02/1	5/2021				Code	<u> </u>	5,571	(D)	(1)	+	(Instr. 3 and 4) 62,221		D				
Common Stock		1	02/15/2021				F		1,677	D \$15.4		60,544			D				
Common Stock												220,	220,004			By Spouse ⁽²⁾			
			Table II -								osed of, convertible			Owned	,			•	
Derivative Conversion Date Executive Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution Da if any (Month/Day/	Code (Instr.		Derivative		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				
				c	ode	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)				
Restricted Stock Units	(1)	02/15/2021			M			5,571	(3)		(3)	Common Stock	5,571	\$0	11,142	2	D		
Restricted Stock Units	(1)	02/15/2021			A		19,405		(4)		(4)	Common Stock	19,405	\$0	19,40	5	D		
Stock Options	\$8.5			\neg					12/31/20	17 ⁽⁵⁾	12/31/2021	Common Stock	20,000		20,00	0	D		
Stock Options	\$12.38								12/31/20	18 ⁽⁵⁾	12/31/2022	Common Stock	20,000		20,00	0	D		
Stock Options	\$11.41								01/01/202	20 ⁽⁵⁾	01/01/2024	Common Stock	20,000		20,00	0	D		

Explanation of Responses:

\$14.89

\$13.93

- 1. The Restricted Stock Units convert into common stock on a one-for-one basis.
- 2. The Reporting Person's 220,004 shares are held jointly with spouse.
- 3. The Restricted Stock Units vest in three equal annual installments beginning 02/14/2021.
- $4. \ The \ Restricted \ Stock \ Units \ vest \ in \ three \ equal \ annual \ installments \ beginning \ 02/15/2022.$
- 5. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

Stock Options

Stock

Options

/s/ Alan Jackson, as Attorneyin-Fact

02/17/2021

20,000

20,000

D

D

Common Stock

Common Stock

20,000

20,000

01/01/2021⁽⁵⁾ 01/01/2025

01/01/2026

01/01/2022(5)

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.