FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* JACKSON ALAN W | | | | | 2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK] | | | | | | | | | | Check all a Dir | oplicable) ector | ng Pei | g Person(s) to Issuer 10% Owner | | |
|--|---|--|--|---------------------|---|---|---|-------------------------|--------------------------------------|--|---|--------------|--|------------------------|---|--|--|---|-----------|--|
| (Last) (First) (Middle) ONE CHURCH STREET | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 09/26/2018 | | | | | | | | | | cer (give title ow) Executive VI | | Other (specify below) P and CFO | | |
| (Street) ROCKV | | | 20850 Zip) | | 4. If | Line) X Form filed b | | | | | | | | rm filed by On | Group Filing (Check Applicable by One Reporting Person by More than One Reporting | | | | | |
| | | Tabl | e I - Noi | n-Deriv | ative | Se | curiti | es Ac | quired, | Dis | posed o | f, oı | r Ben | efici | ally Owi | ned | | | | |
| Date | | | | Date | Date (Month/Day/Year) if | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Transaction Disposed Code (Instr. 5) | | rities Acquired (A) ed Of (D) (Instr. 3, 4 | | | nd Secu Bend Own | nount of irities eficially ed Following orted | Forr (D) (| 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | Code | v | Amount | | (A) or (D) | Price | Tran | saction(s) r. 3 and 4) | | | (11150.4) | |
| Common | Stock | | | 09/26 | 5/2018 | 3 | | | P | | 14,00 | 0 | A | \$12 | 2.5 | 14,000 | | D | | |
| | | Та | | | | | | | | | sed of, onvertib | | | | y Owne | d | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deem Execution if any (Month/Da | n Date, ay/Year) | 4. Transa Code (8) | | of Der Sec Acc (A) Dis of (I | oosed D) tr. 3, 4 | Expiration | te Exercisable and ation Date (h/Day/Year) The provided Head of the pro | | ount nber | 8. Price o Derivative Security (Instr. 5) | | , | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |

Explanation of Responses:

Remarks:

/s/ Alan Jackson

09/28/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.