SEC Foi																	
	FORM	4	UNITED STATES SECURITIES AND EXCHANGE COM Washington, D.C. 20549												OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					ENT OF CHANGES IN BENEFICIAL OWNE iled pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940											r: :	3235-0287
1. Name and Address of Reporting Person* JACKSON ALAN W					2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								ck all applica Director	able)	,		ner
(Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 300					3. Date of Earliest Transaction (Month/Day/Year) 12/31/2019								- X Officer (give title Other (speci below) below) Executive VP and CFO				oecify
(Street) ROCKVILLE MD 20850					4. If Amendment, Date of Original Filed (Month/Day/Year) 01/02/2020								Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	State)	(Zip)														
		Ta	able I - Nor	n-Deriva	ative S	ecuriti	es Aco	quired,	Dis	posed of	, or Ben	eficially	Owned				
Da				Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr.) 8)				5. Amount Securities Beneficial Owned Fo	Form ly (D) of		n: Direct In r Indirect E Instr. 4) C	7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 ar				Instr. 4)
Common Stock 12/31					/2019			М		2,500 A		\$0 ⁽¹⁾	16,500			D	
			Table II -					,		osed of, o convertib			Dwned				
1. Title of Derivative Security (Instr. 3)	vative Conversion Date urity or Exercise (Month/D		3A. Deemed Execution Da if any (Month/Day/Y	Co	nsaction de (Instr.	Derivat Securit Acquire or Disp of (D) (I	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		xercis n Date ay/Ye		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Co	de V	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares	nount Imber				
Stock Options	\$14.54 ⁽²⁾	12/31/2019		A		12,000		12/30/202	20 ⁽³⁾	12/30/2024	Common Stock	12,000	\$0	12,00	00	D	
Restricted Stock Units	(1)	12/31/2019		M	[2,500	(4)		(4)	Common Stock	2,500	\$0 7,		00	D	
Stock Options	\$12.38							12/31/20	18 ⁽³⁾	12/31/2022	Common Stock	10,000		10,00	00	D	
Stock Options	\$11.38							12/31/20	19 ⁽³⁾	12/31/2023	Common Stock	16,500		16,50	00	D	

Explanation of Responses:

1. The Restricted Stock Units convert into common stock on a one-for-one basis.

2. The option exercise price has been corrected from the price reflected in the Form 4 filed on January 2, 2020.

3. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

4. The Restricted Stock Units vest in four equal annual installments beginning on 12/31/19.

Remarks:

/s/ Alan Jackson

04/03/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.