FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bryan Nick			2. Date of E (Month/Day 09/25/201		Statement	3. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]						
(Last) ONE CHURCH STE	(First)	(Middle)				Relationship of Reporting Person(s) to Issuer (Check all applicable) Director		100/ 0		5. If Amendment, Date of Original Filed (Month/Day/Year)		
						X Officer (give title below)		10% Owner Other (specify below)		Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person		
(Street) ROCKVILLE	MD	20850				Executive V.P., CMO, and GM				Form filed by More than One Reporting Person		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount o (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock					4,780	D						
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Deriv (Instr. 4)		vative Security	4. Conversion Exercise Price of Derivative	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Security			
Stock Options				12/31/2014 ⁽¹⁾	12/31/2018		Common Stock	13,000	5	D		
Stock Options				12/31/2015 ⁽¹⁾	12/31/2019		Common Stock	13,000	6.63	D		
Stock Options				01/31/2016 ⁽¹⁾	01/31/2020		Common Stock	20,000	6.63	D		
Stock Options				12/31/2016 ⁽¹⁾	12/31/2020		Common Stock	12,000	7.5	D		
Common Stock				12/31/2017 ⁽¹⁾	12/31/2021		Common Stock	14,000	8.5	D		
Common Stock				12/31/2018 ⁽¹⁾	12/31/2022		Common Stock	12,000	12.38	D		

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorney-in-Fact
** Signature of Reporting Person

09/25/2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

*If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

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*Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Know all by these present, that the undersigned hereby makes, constitutes and appoints each of Alan Jackson and Karen Grau as the undersigned's true and lawful attorney. Inc. (2) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any thire perform any and all other acts which in the discretion of such attorney-in-fact are necessary or desirable for and on behalf of the undersigned in connect:

The undersigned acknowledges that:

(1) this Power of Attorney authorizes, but does not require, such attorney-in-fact to act in their discretion on information provided to such attorney-in-fact without independent verification of such information;
(2) any documents prepared and/or executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney will be in such form and w:
(3) neither the Company nor such attorney-in-fact assumes (i) any liability for the undersigned's responsibility to comply with the requirement of the Exchange (4) this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the Exchange Act, includes

The undersigned hereby gives and grants the foregoing attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, r

This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to such attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of September, 2018.

/s/ Nick Bryan Signature