FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D C	20540
vvasiliigtoii,	D.C.	20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Greene Joseph M					. <u>Ca</u>	2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]									(Ch	eck all appli X Direct Office	cable) or (give title	g Person(s) to Issu 10% Ow Other (sp		wner		
(Last) (First) (Middle) 2275 RESEARCH BLVD SUITE 600				01	3. Date of Earliest Transaction (Month/Day/Year) 01/01/2023										below			below)				
(Street)	ILLE N	ID	20850		4. If Amendment, Date of Original Filed (Month/Day/							ay/Year	)	Line	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person							
(City)			(Zip)		-											Form filed by More than One Reporting Person						
		Tab	le I - Non	-Deriv	ative	e Se	curiti	es A	cqui	ired,	Disp	osed o	f, or	Bene	eficial	y Owned	i					
				Date	ate lonth/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.						Benefici Owned	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	(4	A) or D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 01					1/202	/2023				A		425	425 A		\$0	210	216,752		D			
		7	Γable II - I													Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	d Date,	4. 5. Number 6. Dat Transaction of Expire			Date Exercisable and xpiration Date (Amount of Securities Underlying Derivative Securities (Instr. 3 and 4)				ecurity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactie (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)					
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title	N O	Amount or lumber of Shares							
Stock Options	\$23.54	01/01/2023			A		871		01/0	1/2024(	1) 0:	1/01/2028	Comn		871	\$0	871		D			
Stock Options	\$11.38								12/3	1/2019(	1) 12	2/31/2023	Comn		9,500		9,500		D			
Stock Options	\$14.54								12/3	1/2020(	1) 12	2/31/2024	Comn		4,000		4,000	,	D			
Stock Options	\$13.89								12/3	1/2021	1) 12	2/31/2025	Comn		2,500		2,500		D			
Stock Options	\$26.41								12/3	1/2022	1) 12	2/31/2026	Comn		1,400		1,400		D			

## **Explanation of Responses:**

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

\*\* Signature of Reporting Person

01/04/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.