SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287
Estimated average bur	den
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Schwartz Steven Jay						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below) below)					ier
(Last) (First) (Middle) 2275 RESEARCH BLVD.						3. Date of Earliest Transaction (Month/Day/Year) 07/08/2021													ecify
SUITE 600						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) ROCKVILLE MD 20850														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	itate)	(Zip)																
		Tal	ble I - N	lon-Der	ivativ	/e S	ecuri	ities A	cquire	ed, Di	isposed o	f, or Be	eneficial	ly Owned					
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day,					Execution Dat		on Date,	Code	Transaction Dispo Code (Instr. 5)		Acquired f (D) (Instr.		nd Securities Beneficially Owned Follow		6. Owners Form: Dire (D) or Indir (I) (Instr. 4		7. Nat Indire Benef Owner	ct icial rship	
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common	Common Stock 07/08/20				/2021)21		М		12,300	A	\$8.5	25,779		D	D			
Common Stock													662,96	2	I		<i>.</i>	rudent stments,	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, (Month/Day/Year) 1. Title of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, (Month/Day/Year)				on Date,		Transaction Code (Instr.				6. Date Exercisable and Expiration Date (Month/Day/Year)			nd Amount ities ing ve Security and 4) Amount	Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(S) (Instr. 4)		rship (D) irect tr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amount or Number of Shares								

Explanation of Responses:

\$<mark>8.5</mark>

\$13.89

\$12.38

\$14.54

\$11.38

07/08/2021

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

Stock

Options Stock

Options

Stock

Stock

Options Stock

Options

Options

<u>/s/ Alan Jackson, as Attorney-</u>

12,300

5,000

15,600

7,000

11.250

\$<mark>0</mark>

Common Stock

Commor

Commor

Stock Common Stock

Common

Stock

in-Fact

Stock

12/31/2021

12/31/2025

12/31/2022

12/30/2024

12/31/2023

07/09/2021

0

5,000

15,600

7,000

11,250

D

D

D

D

D

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

12,300

12/31/2017⁽¹⁾

12/31/2021(1)

12/31/2018⁽¹⁾

12/30/2020⁽¹⁾

12/31/2019(1)