FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

2. Issuer Name and Ticker or Trading Symbol

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

0.5

hours per response:

5. Relationship of Reporting Person(s) to Issuer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] <u>Dicker Karl</u>						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify						
(Last) 2275 RE		(First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 05/18/2023										itle Other (specif below) resident of OpenSky			
SUITE 600						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) ROCKVILLE MD 20850															X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication														
		Tak		n Doriu					e defense cor			.,					-			
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				action	r) i	2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr.		4. Securi	ties Acqu	es Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	unt (A) or (D)		rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock 05/18/2						2023			М		12,00	00 A \$		\$12.38	39	39,430		D		
		-							juired, Di s, option						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 3)		n of 🛛		6. Date Exercisat Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	or Nur of	ount mber ares						
Stock Options	\$12.38	05/18/2023			М			12,000	05/21/2019 ⁽	1)	12/31/2023	Commo Stock	ⁿ 12,	,000,	\$ <mark>0</mark>	0		D		
Stock Options	\$11. <mark>3</mark> 8								12/31/2019 ⁽	1)	12/31/2023	Commo Stock	ⁿ 16,	,500		16,500		D		
Stock Options	\$14.54								12/30/2020 ⁽	1)	12/30/2024	Commo Stock	ⁿ 12,	,500		12,500	D	D		
Stock Options	\$13.89								12/31/2021 ⁽	1)	12/31/2025	Commo Stock	ⁿ 9,	165		9,165		D		
Stock Options	\$23.54								01/01/2024 ⁽	1)	01/01/2028	Commo Stock	ⁿ 5,3	325		5,325		D		
Stock Options	\$26.41								12/31/2022 ⁽	1)	12/31/2026	Commo Stock	ⁿ 6,	055		6,055		D		
Restricted Stock Units	(2)								(2)		(2)	Commo Stock	ⁿ 3,	000		3,000		D		
Restricted Stock Units	(3)								(3)		(3)	Commo Stock	ⁿ 1,	666		1,666		D		

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

2. Each Restricted Stock Unit represents the right to receive one share of common stock. The Restricted Stock Units will vest in four equal annual installments beginning 5/21/20.

3. Each Restricted Stock Unit represents the right to receive one share of common stock. The Restricted Stock Units will vest in three equal annual installments beginning 1/01/22.

Remarks:

/s/ Connie Egan

** Signature of Reporting Person Date

05/22/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.