FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	205/19
wasiiiiiqtoii,	D.C.	20049

STATEMENT	OF CHANGES	S IN BENEFICIAL	OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>ASHMAN STEPHEN N</u>					2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]										all applic Directo	able) r	ting Person(s) to Issuer 10% Owner		Owner		
(Last) 2275 RE SUITE 6	SEARCH I	irst) BLVD	(Middle)	02/	3. Date of Earliest Transaction (Month/Day/Year) 02/25/2020										Officer (give title Other (specify below) below)						
(Street)	ILLE M	D	20850		4.1	II AIII	enamen	i, Dale	e of Origi	of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																		
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					action	tion 2A. Deemed Execution Date,			3. Tran Cod	· · ·					nd :	5. Amount of Securities Beneficially Dwned Following		Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership	
								Cod	e v	/ Amoun		(A) or Pric		Reported		ion(s)			(Instr. 4)		
Common	Stock								G ⁽¹	v	7	2,000	D \$1			471,135			I	By Stephen Ashman Revocable Trust	
Common Stock		02/25	5/2020				G ⁽¹	V	7	2,000	D	\$0	60 249,		900			Shari G. Ashman Trust			
Common Stock														5.		50		D			
		-	Table II -										or Bend ble secu			wned					
1. Title of Derivative Conversion Security (Instr. 3) 2. Conversion Date (Month/Day/Year) Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 34. Deemed Execution Date (Month/Day/Year) (Month/Day/Year)		Date,	4. Transa Code (8)				Expirati	6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Am of Securities Underlying Derivative Sect (Instr. 3 and 4)		Derivativ Security		9. Numb derivativ Securitic Benefici Owned Followir Reporte Transac (Instr. 4)	re es ally ng d tion(s)	10. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)			
					Code	v	(A)	(D)	Date Exercis	able		opiration ate	Title	Amoun or Numbe of Shares	er						
Stock Options	\$7.5								12/31/20	16 ⁽²⁾	12	2/31/2020	Common Stock 2,5		0		2,500		D		
Stock Options	\$8.5								12/31/20	17 ⁽²⁾	12	2/31/2021	Common Stock				5,300		D		
Stock Options	\$12.38						12/31/2018 ⁽²⁾ 12/31/2022 Common Stock 10,800			10,800		D									
Stock Options	\$11.38						1		12/31/20	19 ⁽²⁾	12	2/31/2023	Common Stock	9,600) 9		9,60	9,600 D			
Stock Options	\$14.89							12/31/20	20 ⁽²⁾	12	2/31/2024	Common Stock	5,400	0	5,400		00	D			

Explanation of Responses:

- 1. This transaction reported involved a gift by the reporting person of 2,000 shares each of common stock to a charitable donor advised fund.
- 2. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

02/26/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.