FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Browning Scot Richard) X	Director		10% Owner		/ner		
					·									- X		(give title		Other (s	pecify		
(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year)								below)	,							
2275 RESEARCH BLVD.					$ ^{12}$	12/23/2021								President of Capital Bank							
SUITE 600																					
								4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) ROCKVILLE MD 20850													1 ′	X Form filed by One Reporting Person							
NOCKVILLE IVID 20000					.											One Repor	ting				
(City)	(S	State)	(Zip)												Person						
		Tal	ole I - Nor	n-Deriv	vativ	e Se	curi	ties A	cquired,	Dis	posed o	f, or I	3ene	ficially	y Owned						
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					sactio		2A. Deemed Execution Date,		3. Transaction		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				5. Amour Securitie		6. Ownership Form: Direct		7. Nature of Indirect		
					th/Day/Year)		if any (Month/Day/Yea		Code (Instr.		5)			,	Beneficia			r Indirect	Beneficial Ownership		
									Code	l _v	Amount	(A) or (D)		Price	Reported Transact	ion(s)			(Instr. 4)		
									_		-	- ((Instr. 3 and 4)					
Common Stock 12/23									M		10,00	0	A	\$8.5	-	489,896		D			
Common Stock 12/2				3/2021				F		3,400		D	\$25	486,496			D				
			Table II -								osed of, onvertik				Owned						
1. Title of	2.	3. Transaction	4.				6. Date Exercisable and 7. Title a				e and A	mount	8. Price of	9. Numbe			11. Nature				
Derivative Security	Conversion or Exercise	Date (Month/Day/Year)	Execution D if any (Month/Day/	´ c		ransaction ode (Instr.		vative	Expiration (Month/Da			of Securities Underlying			Derivative Security (Instr. 5)	derivative Securities Beneficial Owned	es ally	Ownership Form:	Beneficial Ownership		
(Instr. 3)	Price of Derivative	` '			3)		Securities Acquired		ļ`	•	•		Derivative Se (Instr. 3 and 4					Direct (D) or Indirect			
						or oosed					o ama	,		Following		(I) (Instr. 4					
							of (D) (Instr. 3, 4 and 5)									Transacti (Instr. 4)	ction(s)				
													A	mount							
									Date		Expiration			umber							
				- 0	Code	V	(A)	(D)	Exercisab		Date	Title		hares							
Stock Options	\$8.5	12/23/2021			M			10,000	12/31/201	7 ⁽¹⁾	12/31/2021	Comm		0,000	\$8.5	0		D			
Stock Options	\$12.38								12/31/2018	3 ⁽¹⁾	12/31/2022	Comm		4,000		14,00	0	D			
Stock Options	\$11.38								12/31/201	o ⁽¹⁾	12/31/2023	Comn		4,000		14,00	0	D			
Stock Options	\$14.54								12/30/2020) ⁽¹⁾	12/30/2024	Comn		1,500		11,50	0	D			
Stock	\$13.89								12/31/202	(1)	12/31/2025	Comn	non	3,500		8,500		D			

Explanation of Responses:

 $1. The Stock Options \ vest \ in \ four \ equal \ annual \ installments \ beginning \ on \ the \ first \ anniversary \ of \ the \ date \ of \ grant.$

Remarks:

/s/ Alan Jackson, as Attorney-

12/27/2021

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).