FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

											1 7									
1. Name and Address of Reporting Person* ASHMAN STEPHEN N				2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
				.	-								X							
(Last) (First) (Middle) 2275 RESEARCH BLVD			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2019									Officer below)	(give title		Other below)	specify				
SUITE 6	600 					4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)														
(Street)	ILLE M	ID	20850		_ 01/	/02/	2020								X Form filed by One Rep Form filed by More that Person					
(City)	(S	itate)	(Zip)																	
		Tal	ole I - No	n-Deriv	ativ	e S	ecuritie	es Ac	quired,	Dis	sposed o	of, or Be	nefici	ally	Owned					
Da		Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		, Transaction Disposed Code (Instr. 5)		ties Acquired (A) o I Of (D) (Instr. 3, 4		Securities Beneficial Owned Fo		ly	Form:	Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	Amount (A) or (D) Price		:	Reported Transaction(s) (Instr. 3 and 4)							
Common Stock		12/31	/31/2019				A		550	550 A		0	550		D					
Common Stock													473,135			I	By Stephen Ashman Revocable Trust			
Common Stock													251,900			Ι.	Shari G. Ashman Trust			
			Table II -								osed of, converti				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	med 4. on Date, Transact Code (In		action of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		!	B. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	e Ownersh s Form: ally Direct (D) or Indirect g (I) (Instr.		Beneficial Ownership (Instr. 4)			
					Code	v	(A)		Date Exercisabl		Expiration Date	Title	Amou or Numb of Share	er						
Stock Options	\$14.54 ⁽¹⁾	12/31/2019			A		5,400		12/30/2020	(2)	12/30/2024	Common Stock	5,40	0	\$0	5,40	00	D		
Stock Options	\$7.5								12/31/2016	(2)	12/31/2020	Common Stock	2,50	0		2,50	00	D		
Stock Options	\$8.5								12/31/2017	(2)	12/31/2021	Common Stock	5,30	0		5,30	00	D		
Stock Options	\$12.38								12/31/2018	(2)	12/31/2022	Common Stock	10,80	00		10,8	00	D		
Stock	\$11.38							П	12/31/2019	(2)	12/31/2023	Common	9,60	0		9,60	00	D		

Explanation of Responses:

- $1. \ The \ option \ exercise \ price \ has \ been \ corrected \ from \ the \ price \ reflected \ in \ the \ Form \ 4 \ filed \ on \ January \ 2, \ 2020.$
- 2. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

04/03/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.