Instruction 1(b).

## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	STA
Section 16. Form 4 or Form 5	017
obligations may continue. See	

## ATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Bryan Nick</u>						2. Issuer Name <b>and</b> Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify					
(Last) (First) (Middle) 2275 RESEARCH BLVD SUITE 600					3. Date of Earliest Transaction (Month/Day/Year) 09/25/2018									X	below) below)  Executive V.P., CMO, and GM					
(Street)		MD	20850		4. If Amendment, Date of O. 11/27/2018				of Original F	inal Filed (Month/Day/Year)					6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	State)	(Zip)												Person					
		Tak	le I - Nor	-Deriv	/ativ	e Se	curit	ties Ac	quired, [	Disp	osed o	f, or Be	nefici	ially	Owned					
			2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dis Code (Instr. 5)		Disposed	curities Acquired (A) osed Of (D) (Instr. 3, 4			5. Amour Securitie Beneficia Owned F	s Illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									v	Amount	(A) or (D)		e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			09/2	5/201	8			М		10,00	0 A		\$5	14,	780		D		
Common Stock		11/2	1/26/2018				M		3,000	) A		\$5	17,	780	D					
		•	ا - Table II						uired, Di s, options						wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisal Expiration Date (Month/Day/Year			of Securi Underlyii Derivativ	T. Title and Amount of Securities Underlying Perivative Security Instr. 3 and 4)		B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	Ownership	Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		expiration vate	Title	Amou or Numb of Share	er						
Stock Options	\$5	09/25/2018			M			10,000	12/31/2014	1	2/31/2018	Common Stock	10,00	00	\$0	3,000		D		
Stock Options	\$5	11/26/2018			M			3,000	12/31/2014	1	2/31/2018	Common Stock	3,00	0	\$0	0		D		
Stock Options	\$6.63								12/31/2015	1	2/31/2019	Common Stock	13,00	00		13,000	)	D		
Stock Options	\$6.63								01/31/2016	0	1/31/2020	Common Stock	20,00	00		20,000	)	D		
Stock Options	\$7.5								12/31/2016	1	2/31/2020	Common Stock	12,00	00		12,000	)	D		
Stock Options	\$8.5								12/31/2017	1	2/31/2021	Common Stock	14,00	00		14,000	)	D		
Stock	\$12.38								12/31/2018	1	2/31/2022	Common	12,00	00		12,000	)	D		

**Explanation of Responses:** 

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

11/29/2018

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).