FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, [| D.C. 20549 |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|
| OMB Number: 3235-028 | | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Browning Scot Richard | | | | | | 2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
|---|---|---|--------------------------------|--------|--------|--|---|--------------------------|-----------------|---------------------|-----------------|---|---|---|---|---------------------------------------|---|--------------------|-----------------------|--|
| | | | | | | | | | | | | | | | X Directo | , | 10% Owner | | vner | |
| (Last) (First) (Middle) | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) | | | | | | | | | Officer below) | (give title | | Other (s below) | specify | |
| 2275 RESEARCH BLVD. | | | | | | 12/08/2023 | | | | | | | | Pres, S | Specialty | & CF | RE Lendin | g | | |
| SUITE 600 | | | | | | | endme | ent, Date | of O | riginal | Filed | (Month/Day | y/Year) | | 6. Individual or Joint/Group Filing (Check Applicable | | | | | |
| | | - | | | | | | | | | | Line) X Form filed by One Reporting Person | | | | | | | | |
| (Street) | | | | | | | | | | | | | | | | Form filed by More than One Reporting | | | | |
| ROCKV | ILLE M | <u>.</u> | 20850 | | Ŀ | | | | | | | | | | Person | | - unan | One repor | 9 | |
| (City) | (S | tate) | (Zip) | | R | ule | 10b | 5-1(c |) T | rans | acti | ion Indi | cation | | | | | | | |
| | | | | | | Che the a | ck this affirmat | box to ind tive defen | dicate se co | e that a tonditions | ransa s of R | iction was ma ule 10b5-1(c) | ade pursuar). See Instru | nt to a contra action 10. | act, instructior | or written p | lan tha | it is intended | to satisfy | |
| | | Tal | ole I - No | n-Deri | vativ | e Se | curi | ties A | cqu | ired, | Dis | posed o | f, or Be | neficiall | y Owned | | | | | |
| 1. Title of Security (Instr. 3) 2. Transar Date | | | | | | Execution Date | | | | | | | | | and 5) Securities | | | : Direct | 7. Nature of Indirect | |
| | | /Day/Y | ay/Year) if any (Month/Day/Yea | | | | Code (Instr. ar) 8) | | | | | Beneficia Owned F | | | Beneficial Ownership | | | | | |
| | | | | | | Ī | Code | v | Amount | (A) or | Price | Reported Transact (Instr. 3 | ion(s) | | | (Instr. 4) | | | | |
| Common | Ctools | 10/202 | /2022 | | | \dashv | M | | 14.000 | 111 | | - | | | D | | | | | |
| Common Stock 12 | | | | 12/0 | 16/202 | 8/2023 | | | | IVI | | 14,000 A | | \$11.3 | 8 307 | 7,277 | | И | | |
| | | | Table II - | | | | | | | | | osed of, convertib | | | Owned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) Ititive 3. Transaction Date Execution Date, if any (Month/Day/Year) (Month/Day/Year) 3. Transaction Execution Date, if any (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Number of Derivative Acquired Acquired | | | | umber ivative urities juired or posed D) (Instr. | 6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) Derivative Sec (Instr. 3 and 4) | | | | | d Amount ies g Security | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | Ownershi Form: Direct (D) or Indirect (I) (Instr. | Ownership | Beneficial Ownership t (Instr. 4) | | | |
| | | | | | | | | | | | | | | Amount or Number | | | | | | |
| | | | | | Code | v | (A) | (D) | Dat Exc | te ercisabl | | Expiration Date | Title | of Shares | | | | | | |
| Stock Options | \$11.38 | 12/08/2023 | | | M | | | 14,000 | 12/ | /31/2019 |) (1) | 12/31/2023 | Common Stock | 14,000 | \$0 | 0 | | D | | |
| Stock Options | \$14.54 | | | | | | | | 12/ | /30/2020 |)(1) | 12/30/2024 | Common Stock | 11,500 | | 11,500 |) | D | | |
| Stock Options | \$13.89 | | | | | | | | 12/ | /31/2021 | (1) | 12/31/2025 | Common Stock | 8,500 | | 8,500 | | D | | |
| Stock Options | \$26.41 | | | | | | | | 12/ | /31/2022 | 2(1) | 12/31/2026 | Common Stock | 5,585 | | 5,585 | | D | | |
| Stock | ¢22.54 | | | | | | | | 01/ | (01/202/ | (1) | 01/01/2028 | Common | 1 225 | | 1 225 | | D | | |

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Connie Egan, as Attorney-

12/12/2023

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.