Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Browning Scot Richard						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								Relationship neck all applic	cable) or	g Pers	son(s) to Issi 10% Ow	
(Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600						3. Date of Earliest Transaction (Month/Day/Year) 12/20/2018								X Officer (give title below) Other (specify below) President of Capital Bank				
(Street) ROCKV (City)	ROCKVILLE MD 20850				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (ChecLine) X Form filed by One Reporting Form filed by More than One Person										orting Persor	n	
		Tak	ole I - Nor	n-Deriv	vativ	e Se	curi	ties A	cquired,	Dis	posed o	of, or Be	neficial	ly Owned	<u> </u>			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D								2A. Deemed Execution Date, if any (Month/Day/Year		action Instr.			ies Acquired (A) or Of (D) (Instr. 3, 4 and		nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) c	r Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 12/20					0/201	2018		М		4,000) A	\$5	468	468,344		D		
Common Stock 12/20,					0/201	/2018					1,594	1,594 D		55 466	466,750		D	
		•	Table II -						quired, C s, optior					Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemee Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		5. Number		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount or Number of Shares					
Stock Options	\$5	12/20/2018			M			4,000	12/31/2014	(1)	12/31/2018	Common Stock	4,000	\$0	0		D	
Stock Options	\$6.63								12/31/2015	(1) 1	12/31/2019	Common Stock	14,000		14,000)	D	
Stock Options	\$7.5								12/31/2016	(1)	12/31/2020	Common Stock	12,000		12,000)	D	
Stock Options	\$8.5								12/31/2017	(1)	12/31/2021	Common Stock	10,000		10,000)	D	
Stock	\$12.38								12/31/2018	(1)	12/31/2022	Common	14,000	1	14.000)	D	

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

** Signature of Reporting Person

12/21/2018

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.