FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

IF.

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Washington, D.C. 20549

 Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. 															n				
1. Name and Address of Reporting Person [*] BRECKHEIMER MICHAEL							Name and al Bance					(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify				vner		
(Last) (First) (Middle) 2275 RESEARCH BLVD, SUITE 600						3. Date of Earliest Transaction (Month/Day/Year) below										below) Head of Windsor Advantage			
(Street) ROCKVILLE MD 20850					4.	Line)									oint/Group Filing (Check Applicable led by One Reporting Person led by More than One Reporting				
(City)	(Si	tate)	(Zip)											Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Date					saction /Day/Y		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	ransaction Disposed		ties Acquired (A) o I Of (D) (Instr. 3, 4 a		Benefici	es ally ^c ollowing	ly (D) or ly (D) or llowing (I) (In		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	• V	Amount	(A) or (D)	Price	Transact	Transaction(s) (Instr. 3 and 4)				
Common Stock 10/01					1/202	24			Α		16,446	16,446 ⁽¹⁾ A		16	,446		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		Derivative		6. Date Exercisable Expiration Date (Month/Day/Year)		te	nd 7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio	e s Ily I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)			Expiration Date	Title	Amount or Number of Shares		(instr. 4)					
Stock Options	\$13.37	10/01/2024			Α		2,423 ⁽³⁾		(3)		01/22/2030	Common Stock	2,423	\$ 0	2,423	3	D		
Stock Options	\$8.77	10/01/2024			Α		1,211 ⁽⁴⁾		(4)	(4) 05/20		Common Stock	1,211	\$0	1,211		D		
Stock Options	\$14.82	10/01/2024			Α		3,231 ⁽⁵⁾		(5)		01/28/2031	Common Stock	3,231	\$0	3,231		D		
Stock Options	\$19.18	10/01/2024					3,231 ⁽⁶⁾		(6)		01/27/2032	Common Stock	3,231	\$0	3,231		D		
Stock Options	\$16.09	10/01/2024			Α		1,615 ⁽⁷⁾		(7)	, _	09/20/2033	Common Stock	1,615	\$0	1,615	;	D		
Stock Options	\$17.95	10/01/2024			Α		1,615 ⁽⁸⁾		(8)		01/24/2034	Common Stock	1,615	\$0	1,615	5	D		
Restricted Stock Units	(9)	10/01/2024			Α		23,102		(10)	(10)	Common Stock	23,102	\$ 0	23,102	2	D		

Explanation of Responses:

1. Received pursuant to the merger agreement between Capital Bancorp, Inc. ("CBNK") and Integrated Financial Holdings, Inc. ("IFHI"), dated March 27, 2024 (the "Merger Agreement"), pursuant to which IFHI was merged with and into CBNK ("Merger") on October 1, 2024 (the "Effective Time"). Pursuant to the Merger Agreement, as of the Effective Time, (i) each issued and outstanding share of IFHI common stock converted into the right to receive 1.115 shares of CBNK common stock, \$5.36 in eash and eash in lieu of fractional shares (the "Merger Consideration"), (ii) each outstanding share of IFHI common stock subject to a restricted stock award fully vested and was cancelled and converted automatically into the right to receive the Merger Consideration"), (iii) each option to purchase IFHI common stock was converted into an option to purchase CBNK common stock.

2. On the trading day immediately preceding Effective Date, the closing price of IFHI's common stock was \$33.90 per share and the closing price of CBNK's common stock was \$25.71 per share.

3. Received in the Merger in exchange for an employee stock option to acquire 1,500 shares of IFHI common stock for \$21.60 per share. The stock options vest 100% on October 1, 2024.

4. Received in the Merger in exchange for an employee stock option to acquire 750 shares of IFHI common stock for \$14.18 per share. The stock options vest 100% on October 1, 2024.

5. Received in the Merger in exchange for an employee stock option to acquire 2,000 shares of IFHI common stock for \$23.95 per share. The stock options vest 80% on October 1, 2024 and the remaining 20% on January 1, 2025.

6. Received in the Merger in exchange for an employee stock option to acquire 2,000 shares of IFHI common stock for \$31.00 per share. The stock options vest 60% on October 1, 2024 and 20% on each of January 1, 2025 and January 1, 2026.

7. Received in the Merger in exchange for an employee stock option to acquire 1,000 shares of IFHI common stock for \$26.00 per share. The stock options vest 40% on October 1, 2024 and 20% on each of September 21, 2025, September 21, 2026 and September 21, 2027.

8. Received in the Merger in exchange for an employee stock option to acquire 1,000 shares of IFHI common stock for \$29.00 per share. The stock options vest 20% on October 1, 2024 and 20% on each of January 25, 2025, January 25, 2026, January 25, 2027 and January 25, 2028.

9. Each Restricted Stock Unit represents the right to receive one share of common stock.

10. The Restricted Stock Units will vest on 10/2/2025.

Remarks:



** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.