FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						UI V	Jectioi	1 30(11)	oi tile	IIIVESIIII	ieni Ci	Jilipally Act	01 1940							
1. Name and Address of Reporting Person*							2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Browning Scot Richard					-	Suprair Suite [Obite]								X	Direc	ctor	10%	Owner		
(Last)	(Last) (First) (Middle) ONE CHURCH STREET						3. Date of Earliest Transaction (Month/Day/Year) 09/26/2018								X	belov			′	
(Street) ROCKVILLE MD 20850						4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)		(Stat	e) (.	Zip)																
			Tabl	e I - No	on-Deriv	/ative	Sec	uritie	s Ac	quire	d, Di	sposed o	f, or B	enefic	ially (Owne	ed			
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execution Date,			3. Transaction Code (Instr. 8)			s Acquire of (D) (Ins	ed (A) or tr. 3, 4 an	and 5) Secur Bene Owne		icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D) Pric		Reported Transaction(s) (Instr. 3 and 4)			(111511.4)			
Common Stock 09/26/20					2018	018		S		40,800	D	\$11.6	5875	0		I	By IRA			
Common Stock															4	64,344	D			
			Та	ble II -								osed of, convertib				vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercion Price of Derivative Security	on [3. Transaction Date (Month/Day/Year)	if any	med on Date, Day/Year)		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerc tion Da h/Day/\		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)				9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

Remarks:

/s/ Alan Jackson, as Attorney-

in-Fact

** Signature of Reporting Person

Date

09/28/2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.