FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Browning Scot Richard (Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600					3.	Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK] Date of Earliest Transaction (Month/Day/Year) 12/18/2020								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) President of Capital Bank					
(Street) ROCKV			20850 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						y/Year)	6. Lir	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(3			n-Deriv	/ativ	<u> </u>	curi	tios A	cauired		nosed o	f or Be	noficia	Ily Owner					
1. Title of Security (Instr. 3) 2. Trans Date					action 24 Ex Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		, Transaction Disposed Code (Instr.		ies Acquired (A) o		5. Amou Securiti Benefic Owned	int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common	Common Stock 12/1				3/202	/2020			М		12,000) A	\$7.	5 48	6,862		D		
Common Stock 12/13				12/18	3/202	/2020			F		6,966	D	\$12.	92 47	479,896		D		
		,	Table II -								osed of, convertik			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	ransa ode (ransaction ode (Instr.		5. Number		6. Date Exercisa Expiration Date (Month/Day/Yea		able and 7. Title and of Securitie		Derivative Security	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares						
Stock Options	\$7.5	12/18/2020			M			12,000	12/31/20	16 ⁽¹⁾	12/31/2020	Common Stock	12,00	\$0	0		D		
Stock Options	\$12.38								12/31/20	18 ⁽¹⁾	12/31/2022	Common Stock	14,00	0	14,000	0	D		
Stock Options	\$8.5								12/31/20	17 ⁽¹⁾	12/31/2021	Common Stock	10,00	0	10,000	0	D		
Stock Options	\$14.54								12/30/20	20 ⁽¹⁾	12/30/2024	Common Stock	11,50	0	11,500	0	D		
Stock	\$11.38								12/31/20	19 ⁽¹⁾	12/31/2023	Common Stock	14,00	0	14,000	0	D	1	

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact
** Signature of Reporting Person

12/21/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).