ROCKVILLE

(City)

MD

(State)

## FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average by	urden									
- 1		0.5									

Form filed by More than One Reporting

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended

20850

(Zip)

to satisfy t	the affirmative defense of Rule 10b5-1(c). See	ided			
1. Name and A	Address of Reporting C Scott	Person <sup>*</sup>	2. Issuer Name and Ticker or Trading Symbol  Capital Bancorp Inc [ CBNK ]	5. Relationship of Reporting Per (Check all applicable)  Director	10% Owner
(Last) (First) (Middle) 2275 RESEARCH BLVD.		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/08/2024	Officer (give title below)	Other (specify below)
SUITE 600  (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing Line)  Form filed by One Rep	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) 2. Transaction Date (Month/Day/Year) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 1. Title of Security (Instr. 3) 2A. Deemed 5. Amount of 7. Nature of Execution Date, if any (Month/Day/Year) Transaction Indirect Beneficial Securities Beneficially Code (Instr. Owned Following Reported Transaction(s) (Instr. 3 and 4) 8) Ownership (Instr. 4) (A) or (D) Price ν Code Amount Common Stock 11/08/2024 M 4,000 A \$14.54 5,541 D Common Stock 11/08/2024 F 3,036 D \$28.08 2,505 D **UTMA** for Common Stock 285 Ι grandchild **UTMA** for 912 Common Stock Ī grandchild **UTMA** Common Stock 286 I for daughter UTMA for Common Stock 912 I grandchild 3 **UTMA** for Common Stock 286 I grandchild

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		ı of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$14.54	11/08/2024		M			4,000	12/31/2020 <sup>(1)</sup>	12/31/2024	Common Stock	4,000	\$0	0	D	
Stock Options	\$13.89							12/31/2021 <sup>(1)</sup>	12/31/2025	Common Stock	3,000		3,000	D	
Stock Options	\$26.41							12/31/2022 <sup>(1)</sup>	12/31/2026	Common Stock	2,250		2,250	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) o Disp of (I	osed D) tr. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$23.54							01/01/2024 <sup>(1)</sup>	01/01/2028	Common Stock	2,352		2,352	D	
Stock Options	\$24.2							01/01/2025 <sup>(1)</sup>	01/01/2029	Common Stock	2,800		2,800	D	

### Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

#### Remarks:

/s/ C. Scott Brannan, by Connie 11/12/2024 Egan as Attorney in Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.