FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549	
wasiiiigion,	D.C.	20349	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>ASHMAN STEPHEN N</u>						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner				wner		
(Last) 2275 RE SUITE 6	SEARCH I	,	(Middle)		05	3. Date of Earliest Transaction (Month/Day/Year) 05/26/2021									Officer below)	(give title	!	Other below)	specify	
(Street)		ID .	20850		- 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicabl Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																	
		Tab	le I - N	lon-Deri	vativ	e Sec	uriti	es Ac	quire	d, D	isposed o	f, or Be	nefic	ially	Owned					
Date		2. Transac Date (Month/Da		Execution Date,				s Acquired (A) or f (D) (Instr. 3, 4 and !		Beneficially Owned Following		s Ily	Form: Direct		7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a					(Instr. 4)	
Common Stock			05/26/2	2021	021		S		10,000	D	\$21.7	7115 166,		921		I .	Shari G. Ashman Trust			
Common Stock			05/26/2	021				S		10,000	D	\$21.7	'115	351,602		I		By Stephen Ashman Revocable Trust		
Common Stock															2,3	24		D		
		-	Table I								posed of,				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	med on Date,	4. Transa	Fransaction of Code (Instr. Derivative		6. Date Exercis Expiration Dat (Month/Day/Ye		sable and te	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security		9. Numb derivativ Securitie Benefici Owned Followin Reported Transact (Instr. 4)	re Owners Form: Direct (I or Indire (I) (Instr		D) Beneficial Ownership ect (Instr. 4)		
					Code	v	(A)		Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	oer						
Stock Options	\$8.5								12/31/20	)17 <sup>(1)</sup>	12/31/2021	Common Stock	5,30	00		5,30	00	D		
Stock Options	\$12.38								12/31/20	)18 <sup>(1)</sup>	12/31/2022	Common Stock	10,8	00		10,8	00	D		
Stock Options	\$11.38								12/31/2019 <sup>(1)</sup>		12/31/2023	Common Stock	9,60	00		9,600		D		
Stock Options	\$14.54								12/30/2020 <sup>(1)</sup>		12/30/2024	Common Stock	5,40	00		5,400		D		
Stock Options	\$13.89								12/31/20	)21 <sup>(1)</sup>	12/31/2025	Common Stock	3,37	75 T		3,37	75	D		

## **Explanation of Responses:**

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorney-

05/27/2021

in-Fact

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.