FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average b	urden							
- 1	ha	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				· ,								
1. Name and Address of Reporting Person* Browning Scot Richard						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]									k all applic Directo	cable) or	g Pers	son(s) to Iss	wner
(Last) 2275 RE SUITE 6	(First) (Middle) RESEARCH BLVD. E 600					3. Date of Earliest Transaction (Month/Day/Year) 01/01/2023								X	Officer (give title below) President of Cap			Other (s below) ital Bank	specify
(Street) ROCKV (City)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non	-Deriv	ativ	e Se	curitie	s A	cquired,	Dis	posed o	f, or Be	enefic	ially	Owned				
Da				Date	ransaction e nth/Day/Year)		2A. Deemed Execution Date if any (Month/Day/Ye		Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securit Benefic		s ally following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
										v	Amount	(A) (Pri	ce	Transaction(s) (Instr. 3 and 4)				(111511.4)
Common Stock														493,277		D			
			Table II - D						quired, D						wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	ransaction Code (Instr.				6. Date Exercisal Expiration Date (Month/Day/Year)			7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		D	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		expiration Date	Title	Amou or Numb of Share	oer					
Stock Options	\$23.54	01/01/2023			Α		4,335		01/01/2024	(1) 0	01/01/2028	Common Stock	4,33	35	\$0	4,335	;	D	
Stock Options	\$11.38								12/31/2019	(1) 1	2/31/2023	Common Stock	14,0	00		14,000	0	D	
Stock Options	\$14.54								12/30/2020	(1) 1	2/30/2024	Common Stock	11,5	00		11,500	0	D	
Stock Options	\$13.89								12/31/2021	(1) 1	2/31/2025	Common Stock	8,50	00		8,500)	D	
Stock	\$26.41								12/31/2022	(1) 1	2/31/2026	Common	5.58	35		5,585	,	D	

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

01/04/2023

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.