FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

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1.0

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Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 3 Holdings Reported.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Form 4 Transac	ctions Reported.		or Section 30(h) of the Investment Company Act of 1940			
1. Name and Addro <u>Yamada Kat</u>	ess of Reporting P <u>hy</u>	erson*	2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]		ationship of Reporting Per k all applicable) Director Officer (give title	rson(s) to Issuer 10% Owner Other (specify
(Last) 2275 RESEAR SUITE 600	(First) CH BLVD.	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2021		below) EVP & Chief Cre	below) edit Officer
(Street) ROCKVILLE	MD (State)	20850	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indir Line) X	vidual or Joint/Group Filin Form filed by One Rep Form filed by More tha Person	porting Person
(City)	(State)	(Zip)			1 013011	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 2A. Deemed Execution Date, if any (Month/Day/Year) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 6. Ownership Form: Direct (D) or Indirect (I) 1. Title of Security (Instr. 3) 2. Transaction 5. Amount of 7. Nature of Transaction Code (Instr. 8) Securities Beneficially Owned at end of Issuer's Fiscal Indirect Beneficial (Month/Day/Year) Ownership (Instr. 4) (Instr. 4) Amount Price Year (Instr. 3 and Common Stock 12/06/2021 M 12,000 A \$8.5 41,281 D D Common Stock 12/06/2021 3,784 D 37,497

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Options	\$8.5	12/06/2021		M		12,000	12/31/2017 ⁽¹⁾	12/31/2021	Common Stock	12,000	\$8.5	0	D	
Stock Options	\$26.41	12/31/2021		A	4,970		12/31/2022 ⁽¹⁾	12/31/2026	Common Stock	4,970	\$0	4,970	D	
Stock Options	\$12.38						12/31/2018 ⁽¹⁾	12/31/2022	Common Stock	12,000		12,000	D	
Stock Options	\$11.38						12/31/2019 ⁽¹⁾	12/31/2023	Common Stock	15,000		15,000	D	
Stock Options	\$14.54						12/30/2020 ⁽¹⁾	12/30/2024	Common Stock	10,000		10,000	D	
Stock Options	\$13.89						12/31/2021 ⁽¹⁾	12/31/2025	Common Stock	6,900		6,900	D	
Restricted Stock Units	(2)						(3)	(3)	Common Stock	5,000		5,000	D	

Explanation of Responses:

- 1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.
- 2. The Restricted Stock Units convert into common stock on a one-for-one basis.
- 3. Each Restricted Stock Unit represents the right to receive one share of common stock. The Restricted Stock Units will vest in three equal annual installments beginning 01/01/2022.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact ** Signature of Reporting Person

02/11/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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