FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Schwartz Steven Jay						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]								5. Relationship of Reporting F (Check all applicable) X Director			10% Owner		
	275 RESEARCH BLVD.				3. Date of Earliest Transaction (Month/Day/Year) 12/10/2020								below	r (give ti	ше	below	(specify		
SUITE 600					_ 4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	ILLE M	D	20850		_										filed by I		orting Pers		
(City)	(S	tate)	(Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execu /Year) if any		ned n Date, Pay/Year)	3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5)		s Acquired (A) or If (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following		6. Owner Form: Di (D) or Inc (I) (Instr.	rect Inc lirect Be 4) Ov	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	(s) 4)		(11)	str. 4)	
Common Stock 12/10/				/2020)20			М		8,000	A	\$7.5	12,03	9	D				
Common Stock													662,90	52	I		By Prudent Investments, LLC		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Conversion or Exercise (Instr. 3) Price of Derivative Security Security Price of Derivative Security Secur			n Date,	4. Transaction Code (Instr. 8)		of I		6. Date Exercisable Expiration Date (Month/Day/Year)		е	d 7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		Derivative Security	deriva Securi Benefi Owned Follow Repor	ities icially d ving rted action(s)	10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)		Date Exercisa	able	Expiration Date	Title	Amour or Number of Shares	er					
Stock Options	\$7.5	12/10/2020			M			8,000	12/31/20	16 ⁽¹⁾	12/31/2020	Common Stock	8,000) \$0		0	D		
Stock Options	\$8.5								12/31/20	17 ⁽¹⁾	12/31/2021	Common Stock	12,30	0	12	2,300	D		
Stock Options	\$12.38								12/31/20	18 ⁽¹⁾	12/31/2022	Common Stock	15,60	00	15,600		D		
Stock Options	\$14.54								12/30/20	20 ⁽¹⁾	12/30/2024	Common Stock	7,000	0	7,	,000	D		
Stock Options	\$11.38								12/31/20	19 ⁽¹⁾	12/31/2023	Common Stock	11,25	00	11	1,250	D		

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

** Signature of Reporting Person

12/11/2020

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).