FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

0.5

				Filed	pursuant to Se or Section 3	ection 16(a) of the Securities Exchange Act of 1934 D(h) of the Investment Company Act of 1940			hours per re	sponse: 0.5	
1. Name and Address of Reporting Person [*] <u>Suss Eric M.</u>				Event Requiring y/Year) 18	Statement	3. Issuer Name and Ticker or Trading Symbol <u>Capital Bancorp Inc</u> [CBNK]					
(Last) (First) (Middle) ONE CHURCH STREET						4. Relationship of Reporting Person(s) to Issuer (Check all applicable)	10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year)		
Street) ROCKVILLE MD 20850 (City) (State) (Zip)						Director X Officer (give title below) EVP and CHRC	Other (specify below)		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
				Table	I - Non-De	rivative Securities Beneficially Owned	1				
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct 4 (D) or Indirect (I) (Instr. 5)		I. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock					14,200	D					
						vative Securities Beneficially Owned varrants, options, convertible securitie	es)				
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion of Exercise Price of Derivative	Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
				Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security			
Stock Options				12/31/2014 ⁽¹⁾	12/31/2018	Common Stock	13,000	5	D		
Stock Options			12/31/2015 ⁽¹⁾	12/31/2019	Common Stock	13,000	6.63	D			
Stock Options				01/31/2016 ⁽¹⁾	01/31/2020	Common Stock	20,000	6.63	D		
Stock Options				12/31/2016 ⁽¹⁾	12/31/2020	Common Stock	13,000	7.5	D		
Stock Options				12/31/2017 ⁽¹⁾	12/31/2021	Common Stock	12,000	8.5	D		
Stock Options				12/31/2018 ⁽¹⁾	12/31/2022	Common Stock	12,000	12.38	D		

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

<u>/s/ Alan Jackson, as Attorney-in-Fact</u> ** Signature of Reporting Person

09/25/2018 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** If the form is filed by more than one reporting person, see instruction 5 (b)(v).
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 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
 Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY FOR SECTION 16 REPORTING OBLIGATIONS

Know all by these present, that the undersigned hereby makes, constitutes and appoints each of Alan Jackson and Karen Grau as the undersigned's true and lawful attor (1) prepare, execute, acknowledge, deliver and file Forms 3, 4, and 5 (including any amendments thereto) with respect to the securities of Capital Bancorp, Inc (2) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any thirc (3) perform any and all other acts which in the discretion of such attorney-in-fact are necessary or desirable for and on behalf of the undersigned in connect:

The undersigned acknowledges that:

- (1) this Power of Attorney authorizes, but does not require, such attorney-in-fact to act in
 their discretion on information provided to such attorney-in-fact without independent verification of such information;
 (2) any documents prepared and/or executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney will be in such form and w:
 (3) neither the Company nor such attorney-in-fact assumes (i) any liability for the undersigned's responsibility to comply with the requirement of the Exchange
 (4) this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned's obligations under the Exchange Act, inclu

The undersigned hereby gives and grants the foregoing attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, r

This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to such attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of September, 2018.

/s/ Eric M. Suss Signature