FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours nor roomanas:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Bailey Jerome Ronnell</u>					2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]								Check all appli X Director	cable) or	ing Person(s) to Issuer		ner				
(Last) (First) (Middle) 2275 RESEARCH BLVD, SUITE 600				12	3. Date of Earliest Transaction (Month/Day/Year) 12/06/2022								Officer (give title Other (specify below) below)								
(Street)	ILLE M	D	20850		_ 4.	If Ame	endme	ent, Date	of Origina	l Filed	d (Month/Day	y/Year)		Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)																		
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
,		2. Transaction Date (Month/Day/Year)		Execution Date,		Transaction Dispo			rities Acquired (A) or ad Of (D) (Instr. 3, 4 and		Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership						
								Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			nstr. 4)				
Common	Stock			12/06	5/2022	2			М		15,200	A	\$12.3	38 30,	679		D				
Common Stock														82,	797	I H		che erome R sailey Levocable Living crust			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	version Date Execution Date, if any (Month/Day/Year) if any (Month/Day/Year)   Execution Date, if any (Month/Day/Y									ies g Security	Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)					
					Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	Amount or Number of Shares	er							
Stock Options	\$12.38	12/06/2022			M			15,200	12/31/20	18 <sup>(1)</sup>	12/31/2022	Common Stock	15,20	\$0	0		D				
Stock Options	\$13.89								12/31/202	21 <sup>(1)</sup>	12/31/2025	Common Stock	4,250	)	4,25	50	D				
Stock Options	\$26.41								12/31/202	22 <sup>(1)</sup>	12/31/2026	Common Stock	2,250	)	2,25	50	D				
Stock Options	\$11.38								12/31/20	19 <sup>(1)</sup>	12/31/2023	Common Stock	11,25	0	11,2	50	D				
Stock Options	\$14.54								12/31/202	20 <sup>(1)</sup>	12/31/2024	Common Stock	7,000	)	7,00	00	D				

## Explanation of Responses:

1. (1) The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorneyin-Fact \*\* Signature of Reporting Person

12/07/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).