FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington,	D.C.	20549		
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on, D.C. 20549	OMB APPROVAL
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	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Walker Jennings						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]						(Ch	neck all appli Directo	or 10% Ov		vner		
(Last) 2275 RE	•	irst) BLVD, SUITE 6	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/26/2023							X Officer (give title below) EVP, Chief Financia			below)	`	
(Street)				- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)					Lin	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
ROCKV	ILLE M	D	20850		_								Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)		Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,		Code (Ins	Transaction Disposed Of (Code (Instr. 5)		ties Acquired (A) or I Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	V An	nount	(A) or (D) Pric		Transac (Instr. 3	ction(s)			(iiisti. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any			ransaction of Derivation (A) or Securion Acquir (A) or Dispo		of Derivative Securities Acquired (A) or Disposed		te Exercisable and ation Date th/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisable	Expira Date	ation	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	06/26/2023			A		2,000		(2)	(2)	2)	Common Stock	2,000	\$0	2,000		D	
Stock Options	\$17.9	06/26/2023			A		2,000		06/26/2024 ⁽³⁾	06/26/	/2028	Common Stock	2,000	\$0	2,000		D	

Explanation of Responses:

- 1. Each Restricted Stock Unit represents the right to receive one share of common stock.
- $2. \ The \ Restricted \ Stock \ Unit \ will \ vest \ in \ three \ equal \ annual \ installments \ beginning \ 6/26/2024.$
- $3. \ The \ Stock \ Options \ vest \ in \ four \ equal \ annual \ installments \ beginning \ on \ the \ first \ anniversary \ of \ the \ date \ of \ grant.$

Remarks:

/s/ Eric Martin, as Attorney-in-

Fact

** Signature of Reporting Person

Date

07/03/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.