FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average burden								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								.,											
1. Name and Address of Reporting Person* <u>Bernstein Joshua</u>				2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]							Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner     Officer (give title Other (specify below)								
(Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600					3. Date of Earliest Transaction (Month/Day/Year) 06/02/2021														
SUITE					4.	If Amer	ndmen	t, Dat	e of Or	iginal F	iled (Month/D	ay/Year)	)			loint/Gro	up Filing	(Check A	Applicable
(Street)	ILLE M	D	2085	0		Line)  X Form filed by One Reporting  Form filed by More than One								- 1					
(City)	(S	tate)	(Zip)												reison				
		Tab	le I -	Non-Deri	vativ	e Sec	uriti	es A	cqui	red, C	Disposed	of, or I	3enefi	ciall	y Owned				
Date			2. Transactio Date (Month/Day/\	rear)	2A. Deemed Execution Date, if any (Month/Day/Year)		´	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Beneficia Owned F		y	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transactio (Instr. 3 an	ector cer (give title ow)  or Joint/Group Filing m filed by One Representation files itself (D) or I (	(Instr. 4)		
Common	Stock			06/02/20.	21				S		6,842	D	\$22.16	21(1)	164,4	100	1	[ ]	By SandBern Ventures, LLC
Common	Stock														324,0	000	]	[ ]	By Norman Bernstein
Common	Stock														303,200		]	[ ] [ ]	By Bernstein Fund Limited Partnership
Common	Stock													57,496 D					
		-	Γable	ا - Deriva (e.g., ۱							sposed o				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	, i	4. Transa Code 8)		of Deriv	r osed ) r. 3, 4	Expir	te Exerc ation D th/Day/`		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amo or Nun of Sha						
Stock Options	\$8.5								12/31	./2017 <sup>(2)</sup>	12/31/2021	Comm		500		2,6	000	D	
Stock Options	\$12.38								12/31	./2018 <sup>(2)</sup>	12/31/2022	Comm		500		9,6	00	D	
Stock Options	\$11.38								12/31	./2019 <sup>(2)</sup>	12/31/2023	Comm		000		9,0	00	D	
Stock Options	\$14.54								12/30	)/2020 <sup>(2)</sup>	12/30/2024	Comm		000		7,0	00	D	
Stock	\$13.89								12/31	/2021 <sup>(2)</sup>	12/31/2025	Comm	on 3,7	750		3,7	50	D	

## **Explanation of Responses:**

- 1. This transaction was executed in multiple trades at prices ranging from \$22.15 to \$22.22. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- $2. \ The \ Stock \ Options \ vest \ in \ four \ equal \ annual \ installments \ beginning \ on \ the \ first \ anniversary \ of \ the \ date \ of \ grant.$

## Remarks:

Options

/s/ Alan Jackson, as Attorneyin-Fact

Stock

06/02/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contain	ned in this form are not required to	respond unless the form displays a c	currently valid OMB Number.