Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C.	20549
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STATEMENT OF	CHANGES IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Scully Mary Ann					2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]								(Che	elationship of the control of the co	,		son(s) to Iss 10% Ov		
(Last)	(Fi	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 01/01/2024								Officer below)	(give title		Other (s below)	pecify	
2275 RESEARCH BLVD, SUITE 600				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)						
(Street)														2	Form fi	led by One	Repo	orting Person	1
ROCKV	ILLE M	D	20850												Form fi Person		e than	One Repor	ting
(City) (State) (Zip)					Rı	Rule 10b5-1(c) Transaction Indication													
											iction was m					n or written	plan th	at is intended	I to
		Tab	le I - Non	ı-Deriv	ative	e Se	curitie	s Ac	quired	Dis	posed o	f, or	Bene	eficiall	y Owned	l			
Date				2A. Deemed Execution Date of the property of t		n Date	e, Transaction Dispo Code (Instr. 5)		Disposed	rities Acquired (A) or ed Of (D) (Instr. 3, 4 and			5. Amour Securitie Beneficia Owned F Reported	es ally following	Form (D) o	n: Direct r Indirect estr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A (1	A) or D)	Price	Transact (Instr. 3 a	tion(s)			(Instr. 4)	
Common	Common Stock			01/01	1/2024				Α		536 A		A	\$ <mark>0</mark>	11,536			D	
		٦	Γable II - I (								osed of, onvertil				Owned				
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution D if any (Month/Day	Date, T	4. Transaction Code (Instr. 8)		of E		Expiration	5. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	Ownersi Form: Direct (Dor Indire (I) (Instr.	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				c	Code	v	(A)		Date Exercisab		Expiration Date	Title	N O	Amount or lumber of Shares					
Stock Options	\$24.2	01/01/2024			Α		1,500		01/01/202	5(1)	01/01/2029	Comn		1,500	\$ <del>0</del>	1,500		D	

## Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Connie Egan, as Attorneyin-Fact

01/03/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.