FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington,	D.C.	20549

ngton, D.C. 20549	OMB APPROVAL
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3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Burke Michael Joseph						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]									(Che	5. Relationship of Report (Check all applicable) X Director Officer (give tit			10% Owner		
(Last) 2275 RE SUITE 6	SEARCH E	*	(Middle)			Date o		est Trar	nsact	tion (Mo	nth/C	ay/Year)				below)	(give title		below)	рсспу	
(Street) ROCKV (City)	ILLE M		20850 (Zip)		4. If	f Ame	endme	nt, Date	of O	Original F	Filed	(Month/Da	Line)	5. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Di			Date	Transaction ate Ionth/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year			ction nstr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securitie Benefici		s ally following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										Code	v	Amount	(A) (D)	or F	Price	Transact (Instr. 3 a	ion(s)			(Instr. 4)	
Common	Common Stock 12/11/			L/2018	8				M		5,200) A	A \$5		161	161,700		D			
Common	Stock															87,452				By 401(k) ⁽¹⁾	
Common Stock														29,560				By Spouse			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date, T		action of E			Exp	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		urity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Dat Exe	e ercisable		expiration vate	Title	or Nu of	mber ares						
Stock Options	\$5	12/11/2018			M			5,200	12/3	31/2014 ⁽	2) 1	2/31/2018	Common	5,	200	\$0	0		D		
Stock Options	\$6.63								12/3	31/2015 ⁽	2) 1	2/31/2019	Common	6,	000		6,000)	D		
Stock Options	\$7.5								12/3	31/2015 ⁽	2) 1	2/31/2019	Common	7,	600		7,600		D		
Stock Options	\$8.5								12/3	31/2017 ⁽	2) 1	2/31/2021	Common Stock	8,	000		8,000		D		
Stock Options	\$12.38								12/3	31/2018 ⁽	2) 1	2/31/2022	Common	9,	600		9,600		D		

Explanation of Responses:

- 1. The Yorke, Burke & Lee 401(k) Profit Sharing Plan holds 87,452 shares of which 70,572 shares are held for the benefit of employees, which shares Mr. Burke disclaims ownership.
- 2. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

12/13/2018

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.