# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16, Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number: Estimated average but	3235-0287 Irden		
obligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	hours per response:	0.5		
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for					

I

OMB APPROVAL

the purchase or s securities of the i intended to satisf	ssuer that is y the affirmative is of Rule 10b5-1(c).					
1. Name and Address of Reporting Person <sup>*</sup> Canuso Dominic C			2. Issuer Name and Ticker or Trading Symbol <u>Capital Bancorp Inc</u> [ CBNK ]	(Check	tionship of Reporting Perso all applicable) Director Officer (give title	on(s) to Issuer 10% Owner Other (specify
(Last) 2275 RESEARC	(First) H BLVD, SUITE	(Middle) 600	3. Date of Earliest Transaction (Month/Day/Year) 11/01/2024		below) EVP, Chief Financia	below)
(Street) ROCKVILLE	MD	20850	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	idual or Joint/Group Filing Form filed by One Repor Form filed by More than	rting Person
(City)	(State)	(Zip)			Person	J

# Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111507.4)
Common Stock	11/01/2024		Р		10	Α	\$25.25	10	D	
Common Stock	11/01/2024		Р		348	Α	\$25.41	358	D	
Common Stock	11/01/2024		Р		493	Α	\$25.42	851	D	
Common Stock	11/01/2024		Р		149	Α	\$25.44	1,000	D	

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		n of		6. Date Exerci Expiration Dat (Month/Day/Ye	e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)							(2)	(2)	Common Stock	3,450		3,450	D	
Stock Options	\$21.57							07/15/2025 <sup>(3)</sup>	07/15/2029	Common Stock	2,000		2,000	D	

Explanation of Responses:

1. Each Restricted Stock Unit represents the right to receive one share of common stock.

2. The Restricted Stock Unit will vest in three equal annual installments beginning 7/15/2025.

3. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

### Remarks:

## /s/ Dominic Canuso, by Eric Martin as Attorney in Fact

11/01/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.