FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549	
wasiiiigion,	D.C.	20349	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	hours por rosponso:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>ASHMAN STEPHEN N</u>						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]									5. Relationship of Reporting Person(s) to Issue (Check all applicable) X Director 10% Own				
	5 RESEARCH BLVD						f Earlie 021	st Trar	saction (M	Month	n/Day/Year)		Officer (give title Other (specify below) below)					specify	
SUITE 6		4. If	f Ame	ndmen	t, Date	of Origina	al File	ed (Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street)	ILLE M	D	20850											X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Si	tate)	(Zip)																
4 The -66	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Da		2. Transa Date (Month/Da		Ex r) if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		Disposed	es Acquired (A) o Of (D) (Instr. 3, 4 a		nd	Securities Beneficial	eneficially wned Following		Direct II Indirect E tr. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				
Common Stock			04/29/	/2021				S		2,859	D	\$22.	.34	191,	160	I		Shari G. Ashman Trust	
Common Stock			04/29/	9/2021				S		2,859	D	\$22.	.34	375,842		I		By Stephen Ashman Revocable Trust	
Common Stock														2,32	24		D		
		-	Γable II								posed of				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	ned n Date,	4. Transa	ransaction of De Se Ac (A) Dis		5. Number 6		6. Date Exercise Expiration Day (Month/Day/Yea		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		ount 8. Price of Derivative Security		9. Numbo derivativ Securitie Beneficia Owned Followin Reported Transact (Instr. 4)	re es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisat	ole	Expiration Date	Title	Amou or Numb of Share	er					
Stock Options	\$8.5								12/31/201	7 ⁽¹⁾	12/31/2021	Common Stock	5,30	00		5,30	00	D	
Stock Options	\$12.38								12/31/201	8 ⁽¹⁾	12/31/2022	Common Stock	10,80	00		10,80	00	D	
Stock Options	\$11.38								12/31/201	9 ⁽¹⁾	12/31/2023	Common Stock	9,60	0		9,60	0	D	
Stock Options	\$14.54								12/30/202	0(1)	12/30/2024	Common Stock	5,40	0		5,40	0	D	
Stock Options	\$13.89								12/31/202	1 ⁽¹⁾	12/31/2025	Common Stock	3,37	'5		3,37	5	D	

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorney-

04/30/2021

in-Fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.