Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
l .								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Bernstein Joshua						2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last) (First) (Middle) 2275 RESEARCH BLVD. SUITE 600					05	3. Date of Earliest Transaction (Month/Day/Year) 05/27/2021								Officer (give title Other (specify below) below)						
(Street)		D	20850		- 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					son		
(City)	(S	tate)	(Zip)																	
		Tab	le I - N	Non-Deri	vative	e Sec	uriti	es A	cquire	ed, D	isposed c	f, or Be	enefici	ially	Owned					
1. Title of S	. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea		Execution Date,		3. Transaction Code (Instr. 8)				(A) or 3, 4 and !	5. Amount Securities Beneficiall Owned Fo Reported		Form: ly (D) or I		Direct ndirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D)	Price		Transaction (Instr. 3 and				()	
Common	Stock			05/27/2	021				S		33,158	D	\$22.14	<b>J</b> (1)	171,2	71,242 I		ı	By SandBern Ventures, LLC	
Common	Stock													324,000 I		I	By Norman Bernstein			
Common	Stock													303,200 I		By Bernstein Fund Limited Partnership				
Common	Stock													57,496 D		D				
		-	Γable I								posed of				Owned			<u> </u>		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise (Month/Day/Year) if any conth/Day/Year) (Month/Day/Year) Code (Instr. 8) Derivati evative Acquire		rative prities prities priced r osed )		Exerci	isable and te	7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8	3. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)						
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amour or Number of Shares	er						
Stock Options	\$8.5								12/31/2	017 <sup>(2)</sup>	12/31/2021	Common Stock	2,600	0		2,6	600	D		
Stock Options	\$12.38								12/31/2	018 <sup>(2)</sup>	12/31/2022	Common Stock	9,600	0		9,6	600	D		
Stock Options	\$11.38								12/31/2019 <sup>(2)</sup>		12/31/2023	Common Stock	9,000	0		9,000		D		
Stock Options	\$14.54								12/30/2020 <sup>(2)</sup>		12/30/2024	Common Stock	7,000	)0		7,0	000	D		
Stock	\$13.89						_		12/31/2	021(2)	12/31/2025	Common	3,750	٦Τ		3,7	 '50	D		

## **Explanation of Responses:**

- 1. This transaction was executed in multiple trades at prices ranging from \$22.10 to \$22.25. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- 2. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

05/28/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Persons who respond to the collection of information contain	ned in this form are not required to	respond unless the form displays a c	currently valid OMB Number.