FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
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-	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

								01 1116	- investine	C	Jilipaliy Act	01 1940							
1. Name and Address of Reporting Person* <u>ASHMAN STEPHEN N</u>							2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]									of Reporting Person(s) to Iss cable)			
(Last) (First) (Middle) 2275 RESEARCH BLVD SUITE 600							of Earlies 2020	st Tran	nsaction (N	/lonth	ı/Day/Year)		X		(give title	•		(specify	
(Street)						If Amendment, Date of Original Filed (Month/Day/Year) Control of Check Applications Con													
ROCKV	ILLE M	ID	20850		-										Form fi Person		ore thar	One Rep	orting
(City)	(S	State)	(Zip)																
4 724 - 5	2		ole I - No			_			-	, Di	sposed o						6 0		7 Natura
1. Title of Security (Instr. 3) 2. Transa Date (Month/D							2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.					nd	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount	(A) or (D)	Price	.	Transactio (Instr. 3 ar				(1115111. 47
Common	Stock			12/3	1/2020	2020			A		846	A \$		0	2,324		D		
Common Stock															239,850		I		Shari G. Ashman Trust
Common Stock															458,085			I	By Stephen Ashman Revocab Trust
			Table II -								osed of converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Inst 8)				6. Date Exercis Expiration Date (Month/Day/Ye		9	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		S	Derivative Derivative Decurity Security	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	re es ally ig d tion(s)	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Benefi Owner t (Instr.
					Code	v	(A)	(D)	Date Exercisab	ole	Expiration Date	Title	Amous or Number of Shares	er					
Stock Options	\$13.89	12/31/2020			A		3,375		12/31/202	1 ⁽¹⁾	12/31/2025	Common Stock	3,37	5	\$0	3,37	75	D	
Stock Options	\$14.54								12/30/202	0 ⁽¹⁾	12/30/2024	Common Stock	5,40	0		5,40	00	D	
Stock Options	\$11.38								12/31/201	9 ⁽¹⁾	12/31/2023	Common Stock	9,60	0		9,60	00	D	
Stock Options	\$12.38								12/31/201	8 ⁽¹⁾	12/31/2022	Common Stock	10,80	00		10,8	00	D	
Stock Ontions	\$8.5							П	12/31/201	7 ⁽¹⁾	12/31/2021	Common	5,30	0		5,30	00	D	

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

12/31/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).