SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 13G/A

(Amendment No.1)

Under the Securities Exchange Act of 1934

CAPITAL BANCORP, INC.
(Name of Issuer)
Common Stock, par value \$0.01 per share
(Title of Class of Securities)
139737100
(CUSIP Number)
December 31, 2020
(Date of Event which Requires Filing of this Statement)
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:
□ Rule 13d-1(b)
□ Rule 13d-1(c)
⊠ Rule 13d-1(d)

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, *see* the *Notes*).

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

CUSII	P No. 139737100		13G	Page 2 of 6 Pages
1	NAME OF REPORTING PERSON James F. Whalen	ſ		I.R.S. IDENTIFICATION NO. (ENTITIES ONLY)
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP			(a) □ (b) □
3	SEC USE ONLY			
4	4 CITIZENSHIP OR PLACE OF ORGANIZATION			USA
	NUMBER OF SHARES	5	SOLE VOTING POWER	650,020
	BENEFICIALLY	6	SHARED VOTING POWER	423,651
	OWNED BY EACH	7	SOLE DISPOSITIVE POWER	650,020
	REPORTING PERSON WITH	8	SHARED DISPOSITIVE POWER	423,651
9	9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			1,073,671
10	0 CHECK IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES			
11	1 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)			7.81%
12	2 TYPE OF REPORTING PERSON			

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Item 1. Secur	ity and Issuer.		
(a)	Name of Issuer: Capital Bancorp, Inc.		
(b)	Address of Issuer's Principal Execu 2275 Research Boulevard, Suite 60		
Item 2. Ident	ity and Background.		
(a)	Name of Person Filing James F. Whalen		
(b)	Address of Principal Business Office 2275 Research Boulevard, Suite 60 Rockville, MD 20850		
(c)	Citizenship Mr. Whalen is an individual residin	g in the State of Maryland.	
(d)	Title and Class of Securities Common stock, par value \$0.01 per	r share	
(e)	CUSIP Number 139737100		
Item 3. If this	s statement is filed pursuant to §§240	.13d-1(b) or 240.13d-2(b) or (c), check whether	the person filing is a:
(a) (b) (c) (d) (e) (f) (g) (h) (i)	☐ Bank as defined in section 3(a)(€ ☐ Insurance company as defined in ☐ Investment company registered to ☐ An investment adviser in accord ☐ An employee benefit plan or end ☐ A parent holding company or co ☐ A savings associations as defined	n section 3(a)(19) of the Act (15 U.S.C. 78c); under section 8 of the Investment Company Act of ance with §240.13d-1(b)(1)(ii)(E); lowment fund in accordance with §240.13d-1(b)(1)(ntrol person in accordance with §240.13d-1(b)(1)(d in Section 3(b) of the Federal Deposit Insurance com the definition of an investment company under	L)(ii)(F); (ii)(G);

10-1-10-1

Item 4. Ownership

(a)	Amount beneficially owned:	1,073,671 ⁽¹⁾
(b)	Percent of class:	7.81% ⁽²⁾
(c)	Number of shares as to which such person has:	
	(i) Sole power to vote or direct the vote:	650 020

Shared power to vote or direct the vote:

(iii) Sole power to dispose or to direct the disposition of:(iv) Shared power to dispose or to direct the disposition of:423,651

(1) The amount reported includes:

(ii)

(a) 6,515 shares of common stock, par value \$0.01 per share ("Common Stock"), directly held by the reporting person over which the reporting person has sole voting and dispositive power;

423,651

- (b) 614,754 shares of Common Stock held by the James F. Whalen Revocable Trust over which the reporting person has sole voting and dispositive power;
- (c) 58,400 shares of Common Stock held by Millennium Trust Company, LLC FBO James Whalen over which the reporting person shares voting and dispositive power;
- (d) 88,000 shares of Common Stock held by IP Associates, LLC, which are owned by the reporting person and that the reporting person shares voting and dispositive power;
- (e) 240,409 shares of Common Stock held by the Whalen Family, LLC and that the reporting person shares voting and dispositive power;
- (f) 31,200 shares of Common Stock held by The Katherine M Whalen Trust and that the reporting person shares voting and dispositive power;
- (g) 2,821 shares of Common Stock held by NMW Investments, LLC and that the reporting person shares voting and dispositive power;
- (g) 2,821 shares of Common Stock held by KAW Investments, LLC and that the reporting person shares voting and dispositive power; and
- (h) 28,751 shares of Common Stock underlying options that are currently exercisable or are exercisable within 60 days of December 31, 2020 that the reporting person is deemed to have sole voting and dispositive power.
- (2) All shares beneficially owned by the reporting person represent 7.81% of the outstanding Common Stock of the Issuer based on 13,753,529 shares of common stock outstanding as of December 31, 2020.

Excludes 19,475 shares of Common Stock underlying options that are subject to vesting.

Item 5. Ownership of Five Percent or Less of a Class:

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following \Box

Item 6. Ownership of More than Five Percent on Behalf of Another Person:

Not Applicable.

Item 7. Identification and Classification of the Subsidiary which Acquired the Security Being Reported on By the Parent Holding Company:

Not Applicable.

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Item 8. Identification and Classification of Member	ers of the Group:	
Not Applicable.		

Item 9. Notice of Dissolution of Group:

Not Applicable.

Item 10. Certification

Not Applicable.

After reasonable inquiry and to the best of our knowledge and belief, the undersigned certify that the information set forth in this statement is true, complete and correct.
February 11, 2021
/s/ James F. Whalen James F. Whalen
[Signature Page to Schedule 13G]

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SIGNATURES

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