FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								_	_											
Name and Address of Reporting Person*  Runko Michael Joseph					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Capital Bancorp Inc</u> [ CBNK ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Burke Michael Joseph															X	X Director		10% Owr		vner
(Last)	` ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '					3. Date of Earliest Transaction (Month/Day/Year) 03/12/2021										Officer below)	(give title		Other (s below)	specify
2275 RESEARCH BLVD.						1														
SUITE 600						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															X	Form f	iled by One	e Repo	orting Perso	n
ROCKV	ILLE M	D :	20850		_											Form f Persor		re than	One Repo	rting
(City)	(Si	tate)	(Zip)																	
		Tab	le I - No	n-Deriv	/ative	e Se	ecuriti	es A	cqu	ired,	Dis	posed o	of, or Be	nefici	ally	Owned	I			
Date					Dav/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		∍,   7	Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		ed (A) or tr. 3, 4 ar	1 and Secu Bene Owne		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
										Code	v	Amount	(A) or (D)	Price	•	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock				03/12	2/2021					S		13,600	0 D	\$20	.07	61,852				By 401(k)
Common Stock															174,000			D		
Common Stock																29,560			By Spouse	
		7	Table II -						•		•	osed of,			•	wned			<u> </u>	
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction 3A. Deemed Execution Date (Month/Day/Year) if any			4. Transa	. 5. Number 6 ransaction of Derivative (I			6. Da	5. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Date			Expiration		Amour or Numbe of	er					
					Code	٧	(A)	(D)	Exe	rcisable	e   [	Date	Title	Shares	<u> </u>			_		
Stock Options	\$8.5								12/3	31/2017	(1) 1	12/31/2021	Common Stock	8,000	)		8,000	)	D	
Stock Options	\$12.38								12/3	31/2018	(1)	12/31/2022	Common Stock	9,600			9,600		D	
Stock Options	\$11.38								12/3	31/2019 <sup>6</sup>	(1)	12/31/2023	Common Stock	8,000			8,000	)	D	
Stock Options	\$14.54								12/3	30/2020 <sup>1</sup>	(1)	12/30/2024	Common Stock	5,400	)		5,400	)	D	
Stock	\$13.89								12/3	31/2021	(1)	12/31/2025	Common	3,000	)		3,000		D	

## **Explanation of Responses:**

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

03/12/2021

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.