FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number: 3235-02											
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hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							( )					1 7									
1. Name and Address of Reporting Person*  Browning Scot Richard							2. Issuer Name <b>and</b> Ticker or Trading Symbol Capital Bancorp Inc [ CBNK ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner					
(Last) 2275 RE SUITE 6	(First) (Middle) RESEARCH BLVD. E 600					3. Date of Earliest Transaction (Month/Day/Year) 12/31/2021										X Officer (give title Other (specify below) below)  President of Capital Bank					
(Street) ROCKV (City)	(State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3)  2. Transa Date (Month/D					saction	n ear)	2A. Deemed Execution Date, if any (Month/Day/Yea		te, 3	3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,		(A) or	5. Amou Securitie Benefici	nt of es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
						[	Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock																486	486,496		D		
		-	Table II - [									sed of, onvertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate,	4. Transa Code (I		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisab Expiration Date (Month/Day/Year)		le and	7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		Amount	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exerc	cisable		xpiration ate	Title	0 N	lumber						
Stock Options	\$26.41	12/31/2021			A		5,585		12/31	1/2022 <sup>(1</sup>	1) 12	2/31/2026	Comr		5,585	\$0	5,585	,	D		
Stock Options	\$12.38								12/31	1/2018 <sup>(1</sup>	1) 12	2/31/2022	Comr		4,000		14,00	0	D		
Stock Options	\$11.38								12/31	1/2019 <sup>(1</sup>	1) 12	2/31/2023	Comr		4,000		14,00	0	D		
Stock Options	\$14.54								12/30	)/2020 <sup>(1</sup>	1) 12	2/30/2024	Comr		1,500		11,50	0	D		
Stock Options	\$13.89								12/31	1/2021 <sup>(1</sup>	1) 12	2/31/2025	Comr		3,500		8,500	)	D		

## **Explanation of Responses:**

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

## Remarks:

/s/ Alan Jackson, as Attorneyin-Fact

01/03/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.