FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington

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, D.C. 20549	OMB APPROVA

OMB Number:	3235-0287					
Estimated average burden						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Burke Michael Joseph				2. Issuer Name and Ticker or Trading Symbol Capital Bancorp Inc [CBNK]										eck all appl								
<u>Burke Michael Joseph</u>															X Director			10% O	·			
(Last) (First) (Middle) 2275 RESEARCH BLVD.						3. Date of Earliest Transaction (Month/Day/Year) 05/03/2021										Office below	r (give title)		Other (s below)	specify		
		SLVD.																				
SUITE 600							4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)																K Form	filed by One	e Repo	orting Perso	n		
ROCKV	ILLE M	D	20850												Form filed by More than One Reporting Person							
(City)	(S	tate)	(Zip)																			
		Tab	le I - Noi			_	curiti	es A	cqı	uired, I	Dis	osed o	f, or E	3ene	eficiall	y Owne	d					
, , , , , , , , , , , , , , , , , , ,			Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		<i>'</i>	Code (Instr.				(A) or 3, 4 and	Securiti Benefic Owned	5. Amount of Securities Beneficially Owned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A (D) or)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)			
Common Stock			05/03	/03/2021					S		1,813	3	D	\$22	14	144,034		D				
Common Stock															29	29,560			By Spouse			
Common Stock														61	61,852			By 401(k)				
		7	Table II -						•		•	sed of, onverti			-	Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	d Date,	4. Transaction Code (Instr. 8)		5. Number		Date Exercisad Expiration Date (Month/Day/Year)			ole and	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	Owners Form: Direct (or Indii	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	0 0	lumber							
Stock Options	\$8.5								12/	31/2017 ⁽¹	1) 1	2/31/2021	Comm		3,000		8,000		D			
Stock Options	\$12.38								12/	31/2018 ⁽¹	1) 1	2/31/2022	Comm Stock		9,600		9,600)	D			
Stock Options	\$11.38								12/	31/2019 ⁽¹	1) 1	2/31/2023	Comm Stock		8,000		8,000)	D			
Stock Options	\$14.54								12/	30/2020 ⁽¹	1) 1	2/30/2024	Comm Stock		5,400		5,400)	D			
Stock	\$13.89								12/	31/2021 ⁽¹	1) 1	2/31/2025	Comm		3,000		3,000		D			

Explanation of Responses:

1. The Stock Options vest in four equal annual installments beginning on the first anniversary of the date of grant.

Remarks:

/s/ Alan Jackson, as Attorney-

05/03/2021

in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.